

RIO COMMUNITIES WELLNESS COUNCIL

and St. Anthony's Home Healthcare invites you to:

our Annual

Wellness Fair



Come join us!

FRIDAY, OCTOBER 17, 2025

10:00 am to 2:00 pm



Featuring:

**Healthy Nutrition*

**Senior Services*

**Community Safety Information, *Meet the City's First Responders*

**Flu & COVID (if available) Shots, *CPR Training, *Home Healthcare*

**Insurance, *Wellness Activities, *Adopt-a-Pet*

*** DONATE BLOOD and receive a raffle ticket to win a gift basket & other prizes**

Special Presentations

10:30 - Financial Literacy (Cooperative Ext Service)

11:00 – Senior Scams: Staying Safe in 2025 (Teeniors)

1:00 – Line Dancing (Senior Olympics)

Located at: Rio Communities City Hall, 360 Rio Communities Blvd.

FREE TO THE PUBLIC